

How To Complete Your Health Assessment



OPTION 1: Your Aetna Member Website.

Select your role to login

Member

MEMBER LOGIN

Find care, manage costs, try a health program and more. It's all about you.

If you're a Medicare member [login here](#).

Login

Agents/Brokers

Employer

Medical Provider

DON'T HAVE AN ACCOUNT?

It's easy to register. And when you do, you'll get access to tools, tips and programs to help you reach your healthiest you.

Register

Forgot your [username](#) or [password](#)?

HAVING TROUBLE SIGNING IN

We're here to help. Just [contact Member Services](#). Or call the number on your ID card.

Login to www.aetna.com. If you have never logged on before, click Register to set up your account using your Aetna WID# from your ID card.

Find Care & Pricing

Plan Overview

Medical Coverage

In-Network Deductible - \$4,000.00

Spent: \$1,200.00 Remaining: \$2,800.00

You are paying 100% of costs until you reach your deductible or out-of-pocket max.

Claims [View All](#)

James Caldwell For Jane - May 3, 2020 Additional Info Needed

Touchstone Imaging For Jane - Apr 3, 2020 Balance \$50.00

George Flemm For Jane - Feb 21, 2020 Pending

St. Joseph Hospital of ... For Jane - Jan 4, 2020 Denied

What's Covered

ID Cards

Spending Details

Watch Your Plan Video

Dental Coverage

Vision Coverage

Aetna Health Your Way™

Your MyHealth100 When you make healthy changes MyHealth100 goes up. Visit Aetna Health Your Way™ to see how you're doing.

Go to Aetna Health Your Way

On the homepage, scroll down to the bottom right side of the page under "Aetna Health Your Way" > "Your MyHealth100" and click on "Go to Aetna Health Your Way."

If you have questions, call Aetna Concierge, 1-800-776-0360.

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OPTION 1: Your Aetna Member Website & OPTION 2: MyActiveHealth App



Great news!
**You've got full
access.**

Your eligibility has
been confirmed



Congratulations on taking this first step towards
building better habits.

Continue

One step closer!

You're on your way to better health



Next

MyHealth100

MyHealth100 is a measure of your overall health potential out of 100, and it is used to identify ways to improve your health.



Update your Health Assessment to calculate your MyHealth100
score

Update my Health Assessment

Learn more about MyHealth100

**Follow the prompts clicking
“Continue” until you have
completed your registration**

Click “Next” to calculate MyHealth100.

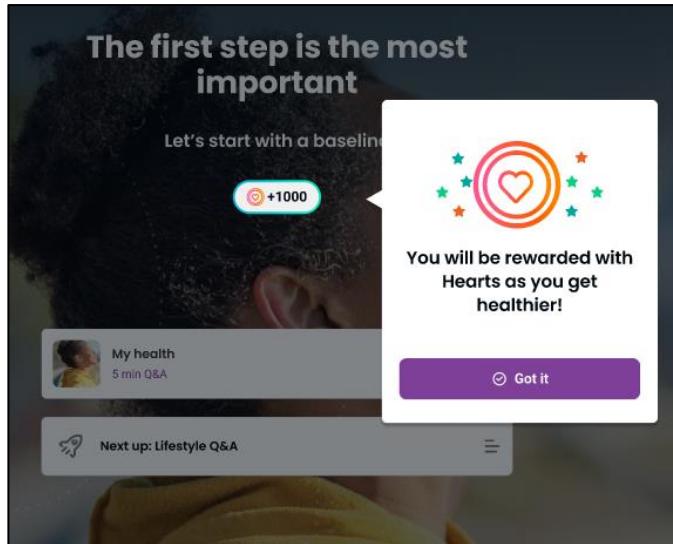
Click “Update my Health Assessment”

If you have questions, call Aetna Concierge, 1-800-776-0360.

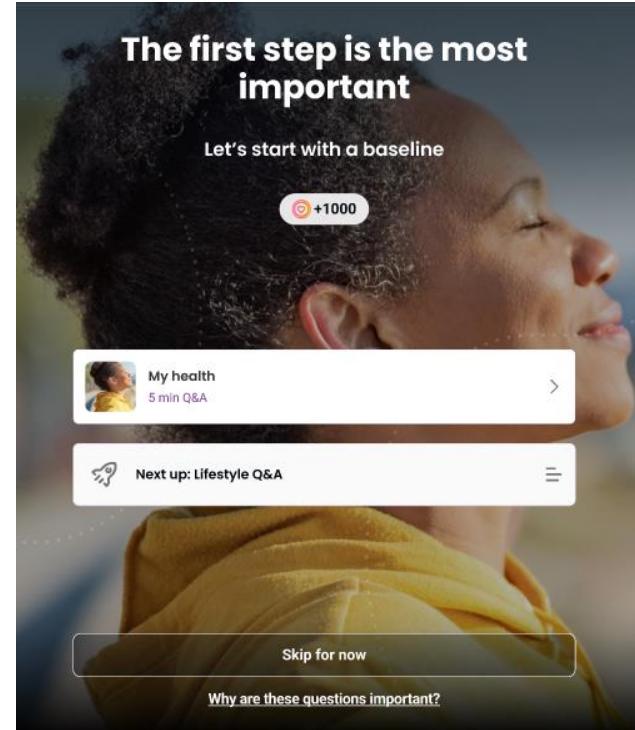
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OPTION 1: Your Aetna Member Website



Click on “Got it”



Click “My health” to begin the Health Assessment.

My Health

In general, how would you describe your health?

Excellent

Very good

Good

Fair

Poor

Next

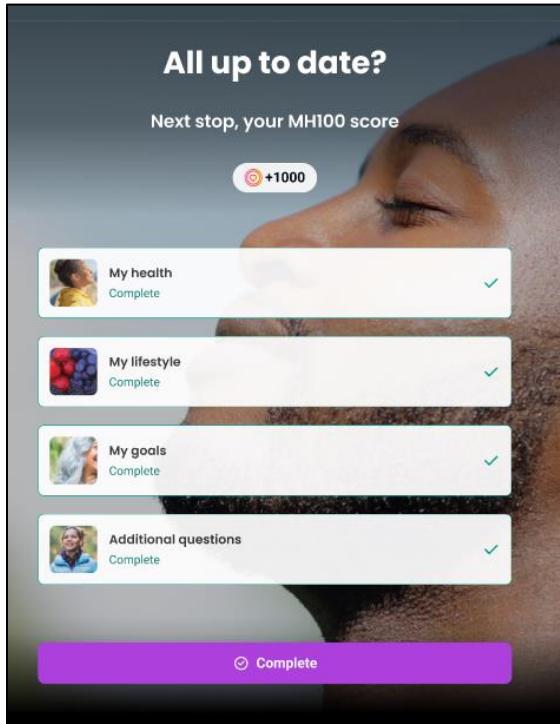
Answer each question and click “Next” to move on to the following sections.

If you have questions, call Aetna Concierge, 1-800-776-0360.

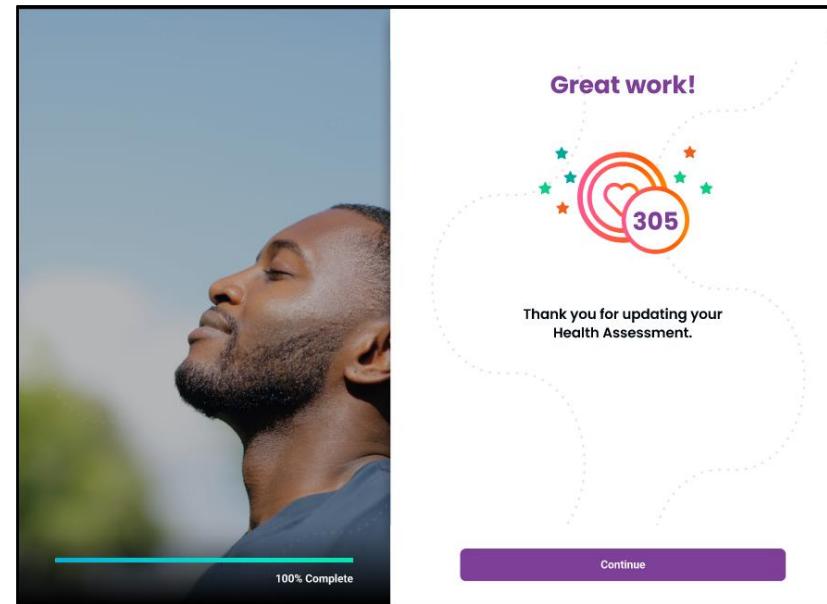
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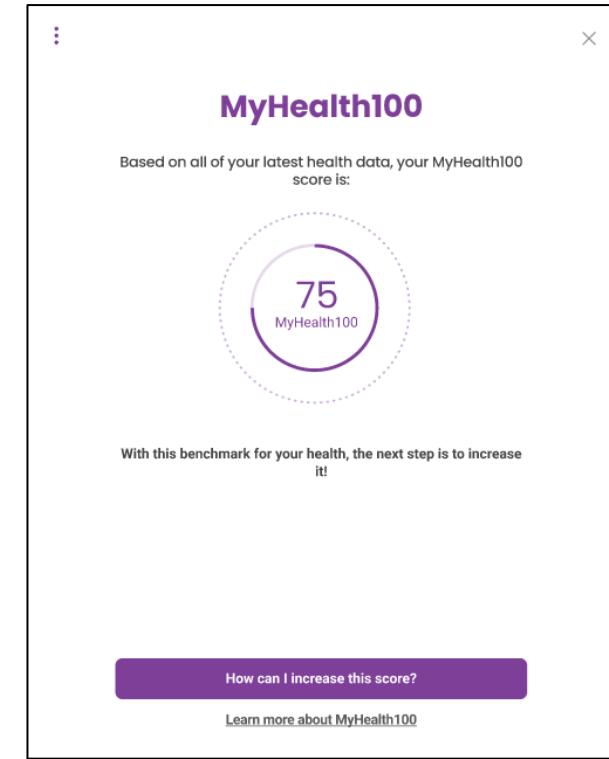
OPTION 1: Your Aetna Member Website



Follow the prompts until you have completed all four sections.
Click “Complete.”



Click “Continue.”



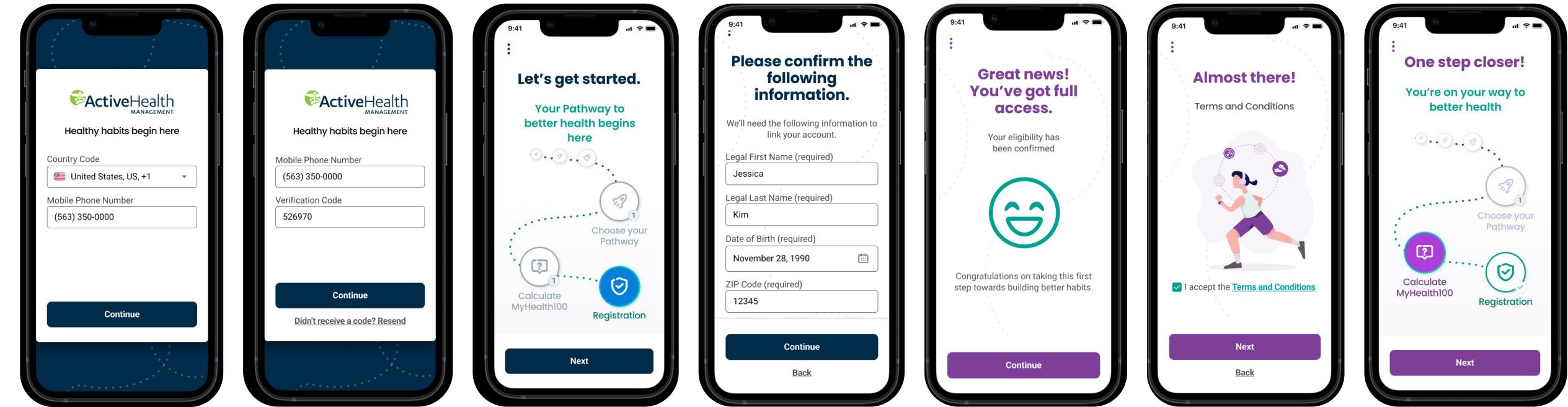
You will be given your MyHealth100 score, a real-world measure of your overall health. Click on “How can I increase this score” to learn more.

If you have questions, call Aetna Concierge, 1-800-776-0360.

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OPTION 2: MyActiveHealth App.
No password or username needed.



Enter your phone number.
You will receive a verification code via text.
Enter the code.

Enter your demographic information which
will match with the eligibility information in
Aetna's records.

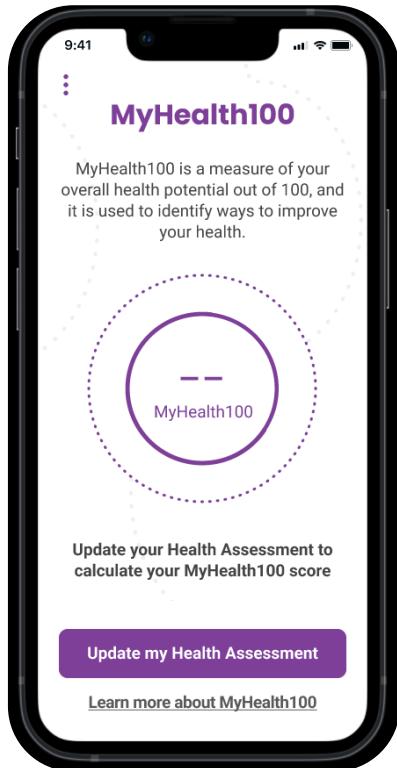
Accept the Terms and Conditions.
Then you will be prompted to decide if you would like to
enable a biometric passkey, like your fingerprint or Face ID,
to simplify future log ins.

If you have questions, call Aetna Concierge, 1-800-776-0360.

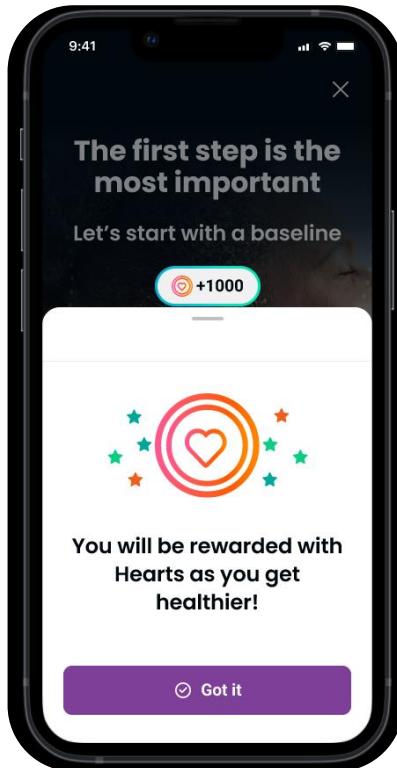
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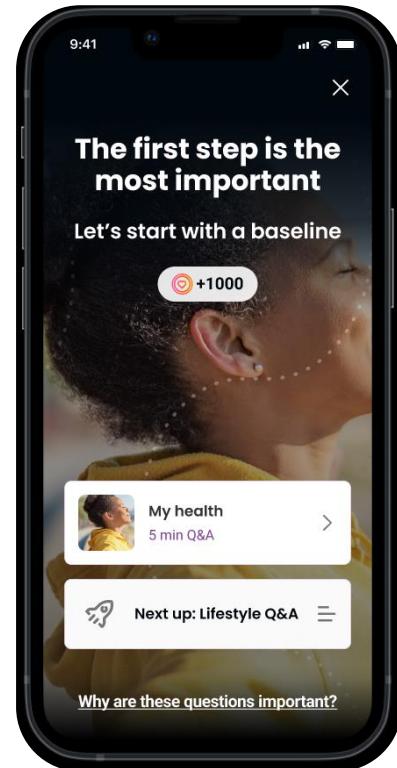
OPTION 2: MyActiveHealth App



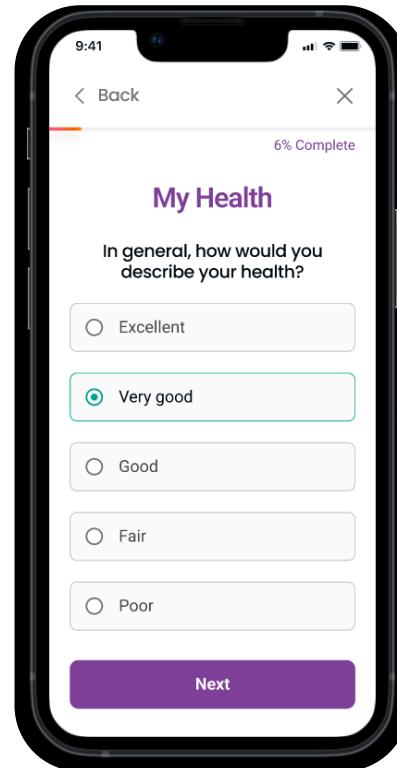
Click on “Update My Health Assessment.”



Click on “Got it.”



Click on “My Health” to begin.



Answer each question and click “Next” to move on to the following sections.



Click “Continue.”

If you have questions, call Aetna Concierge, 1-800-776-0360.